

Vol. 45, No.9

September 2011

INFORMATION ~ DIRECTORY

Sunday Worship 10:00 a.m.
Sunday Church School Activities 10:00 a.m.

David Lindsey, Minister
John Slothower, Associate Minister
Peggy Swalm, Choir Director
Jay Bruns, Organist
Ashley Anderson, Youth Director
Allison Raney, Youth Choirs Director

Custodian Eben Pieterse
Building Manager Paul Olson
Church Secretary Jo Wold
Church Office (612) 827-6157
Church Fax (612) 827-6158
Church Website www.lynnhurstucc.org
Church E-mail church.office@lynnhurstucc.org
Office hours: Tuesday-Friday 9:00 a.m.-2:00 p.m.



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Lynnhurst
Congregational
United Church of Christ

The Lynnhurst Voice

September 2011

9/11/2011
10th Anniversary of 9/11



9/18/2011
Rally Day and Ice Cream Social

You are welcome here!

www.lynnhurstucc.org

From The Minister...

Grace and peace to you!

Summer is winding down right now, and life in Minnesota is in a time of transition. The State Fair is wrapping up; the school year has begun; hot days at the lake are ending until next year. This has been a wild summer for a lot of folks around here, especially with the heat. And as I look back on the summer that was, I can't help but think of the damage in North Minneapolis from the tornado that touched down there. Groups like Urban Homeworks have made a real difference in this situation, but the need is still great.

Here at 45th and Colfax in Southwest Minneapolis, we are transitioning back into our program year. Sunday School starts up again this month, along with adult and youth choirs. Several of our staff members will return to work. This all kicks off on Rally Day, as usual. Given this unusual year, though, Rally Day has been pushed back a week to Sunday, September 18th. Why? Well, Sunday, September 11th is the 10th anniversary of 9/11. As such, we will be having our usual worship service on 9/11, but we will be adding some special liturgical elements (e.g. dance, litany) that will honor our grief while pointing us towards hope. I am honored to be co-preaching with Rev. John Slothower on that day, as we discuss the challenge of turning the other cheek in light of 9/11.

This coming program year will also be a time of transition for us, as we prayerfully consider where God is calling us in the years to come. In 2006, our ReVisioning process laid out a three-year plan that guided our life and ministry. When that plan ended, our Centennial Celebration took up much of our church's focus. Now, with our second century of ministry begun, I believe it is important to listen again for where the Holy Spirit is moving in our midst. During this year's Winter Sabbath in January, we will be considering some thought-provoking questions about our hopes for our church and God's call for our congregation. I strongly encourage you to sign up for the Winter Sabbath this year. We need as many voices as possible in the conversation in order to discern where God is leading us. Your perspective will make a profound difference as we do so.

One hundred years ago, our founding pastor Rev. James Cool and our church leaders tore down social barriers by inviting the homeless to live here at Lynnhurst during a brutal winter. The members of Lynnhurst and the Minneapolis community argued amongst themselves about whether or not this was a good idea. Rev. Cool and the church took heat for this choice. Still, this barrier-busting vision became part of our DNA, a guiding light to us as we have welcomed refugees to Minnesota, affirmed the dignity of LGBT persons, and more.

So what is God calling us to do in this era to build on that legacy?

In Christ's peace,
David

TENTH ANNIVERSARY OF 9/11

On Sunday, September 11th, we will be reflecting on the 10th anniversary of one of the most difficult days in American history. Anna Goodrich will be leading sacred dance, the choir will sing and Jay Bruns is working on some special musical pieces for the day. Rev. David Lindsey and Rev. John Slothower will be preaching a dialogue sermon on the challenges of turning the other cheek post-9/11. Please be sure to join us at 10:00 a.m. for this special service.

SEPTEMBER 11 SERVICE PARTICIPATION

We are looking for Lynnhurst youth interested in learning sacred movement for the service of remembrance on Sunday, September 11th. We are planning to meet Saturday, September 10th, 2:30-3:30 p.m. and Sunday, September 11th, 8:45-9:30 a.m. Please contact Anna Goodrich if you are interested.

COMMITTEE MEMBERS NEEDED



We have a need to add additional members to several of our committees. This year's nominating committee worked very hard to try to honor an unwritten rule that if you were just coming off a three-year committee commitment you should have a year off serving on any committee. We also tried to avoid having two parents with young children both serving on committees. The end result is that we were unable to fill all of our openings before our annual meeting in June. Therefore, we need to ask each of you to take a moment to give some consideration to serving our church by being involved with one of the committees that has openings to fill: Christian Education (4-5), Trustees (2), Diaconate (1), and Music and Arts (1). Our by-laws do require that you be off the same committee for one year, so please if you have been serving on one of these committees; consider lending your talents to a different committee this year. If you have any questions please contact one of the nominating committee members or the church office. This year's nominating committee thanks you for your consideration. Kim Keprios, Kelsey Nicol, Lindsay Nicol, Lori Nicol, Jen Peterson, Mike Peterson and Susan Rose

RALLY SUNDAY and ICE CREAM SOCIAL

The Christian Education Committee invites you to Rally Sunday. September 18th, as we mark the beginning of the new Sunday school year. Please meet your Sunday school teacher in the classroom as we will all join the church service together.



Then join us during coffee hour as we celebrate with an Ice Cream Social.



YOUTH MISSION TRIP 2011

The Trust Youth Mission Trip 2011 to Washington D.C. had as its objective and focus to learn the importance of advocacy and how the role of faith plays in the lives of politicians, lobbyists and history. Six youth from Lynnhurst accompanied 28 other youth from St. John's, Linden Hills UCC, LCCR and Judson Baptist. Seven adults chaperoned.

Despite the heat, all had fun, especially when they were able to relax at the hostel. G. said that at the "end of the day it was a great opportunity to relax, play, think about the day and all in all get to know everyone better." C. and M. both felt it was a fun experience making new friends and meeting people wherever they went. C. said, "Seeing the monuments was cool!" C. loved being able to go to museums with friends making the experience more memorable. M. found Arlington Cemetery, the National Cathedral and the Holocaust Museum amazing. S. enjoyed making new friends and playing games at the hostel. D. said he just loves being around everyone and with the other kids. D. has been on many mission trips and a lot of the youth from the other churches are like family.

Memorable points of the trip: talking to Amy Klobuchar and the staffs from Keith Ellison's and Al Franken's offices and Eric Paulsen. The Holocaust Museum was an emotional tour but the youth found true meaning in listening to a survivor of the Holocaust. M. shared that a memorable moment for her was when she saw the Lincoln Memorial and looked up at his statue. It really struck her how great an advocate he was and how he helped the slaves to freedom. I found seeing the youth present their social justice topics worth all the money in the world. I was watching our future as they learned about how important their voices are and I saw the pride in their faces when they spoke, shared their stories and stated what they wanted to see happen or supported.

The most important question that was asked of the youth was what did they learn and how will they use those skills. Some of their responses: "Speak what you believe and you will be heard and you can make a change." "It is important to stand up for what you think is right." "After I went through the Holocaust Museum I saw how there were people who spoke out against Hitler and maybe if more had done so, more would have been saved." "I learned not to get discouraged and to be persistent and that just one person's voice and opinions matter, no matter how small or unnoticed you may feel." "The government is ruled by those who show

up." "If you are not afraid to speak up for what you believe in you can prevent tragedies and do anything." "I learned that to be an advocate from a kid's point of view you have to be direct, to-the-point, respectfully demanding and get your facts straight. Even important senators will listen to what you have to say."

This is just a summary of what the youth learned and experienced and there will be more to come this fall. Thank you for all who prayed and supported us on this trip. *(This article was compiled by Karen Reisch from materials written by the youth.)*

D.C. MISSION TRIP STOCK LUNCH

Thanks all who purchased "stock" in the TRUST Youth trip to Washington, D.C. The trip was a huge success and the teens are looking forward to sharing their stories and photos during a spaghetti lunch at 12:30 p.m. on Sunday, September 18th at St. John's Lutheran (4900 Nicollet Avenue). If you purchased stock or are interested in hearing about the trip, join us. Please RSVP by September 11 to Ashley Anderson. Thank you for your support of TRUST Youth, and we hope to see you there!

NEW CHOIR MEMBERS WELCOME

Fall choir rehearsals begin Wednesday, September 7th, 7:30-9:00 p.m. in the lounge. New members are always welcome! We perform most Sundays, September through May, with a short warm-up before the Sunday service at 9:30 a.m. If you have questions, please call or email director Peggy Swalm.



BLESSING OF THE ANIMALS

Please come to our annual ***Blessing of the Animals*** service on Saturday, September 24th, at 2:00 p.m. **All beloved pets and stuffed animals** are welcome. We'll have singing and other music, which always soothes our animals' hearts. Please bring donations of pet food for the Meals on Wheels Pet Food Project. Monetary gifts will also be accepted. If the weather is nice, we'll be outside on the lawn. And if the conditions are inclement, we'll be indoors. See you there!



FRIENDSHIP SUPPERS--EAT, TALK AND BE MERRY



Friendship Suppers are a great way to get to know the Lynnhurst Community, whether you are a member or a friend. Consider joining us this our 20th year for a wonderful time of good food and fellowship. The primary purpose of the Suppers is to build community and friendships. ALL Lynnhurst adults are welcome to participate. You agree to attend three dinners, one of which you will host in your home and the groups will change for each supper. You do not need a "house beautiful" to participate--several of us host in our apartments and condos. If you do not drive, we will help arrange a ride for you. If you don't think that you can manage a dinner on your own, we will help match you with a co-host.

There will be three Suppers during the Fall, Winter and Spring—on December 3, 2011 and January 21 and March 10, 2012. Sign-ups for the Friendship Suppers will occur on Sundays, September 11, 18, and 25 in the Lounge after the service. If you have never participated in our Friendship Suppers in the past, please consider joining us this year. See the friendly folks at the sign-up table for more information.

CONGREGATIONAL SURVEY REGARDING WORSHIP SERVICES

The Diaconate will be spending September soliciting input from you regarding what you like about worship services, changes you would like to see and new ideas we could consider implementing. This survey will be available during the month of September as a bulletin insert, or you can request a copy to be mailed or emailed to you by contacting the church office. Our October monthly meeting will be dedicated solely to discuss worship issues, and we encourage you to think about the topics and give us your feedback.

LYNNHURST BOOK CLUB



The Book Club will meet at Nancy Erstad's home at 7:00 p.m. on September 8th. This is a planning event and everyone is encouraged to bring suggestions for books to read during the coming year. You may also email your suggestions to Jean McGuire or call Carolyn Parsons so a list can be printed.

FAITH EXPLORATION



The next Faith Exploration meeting will be on Saturday, September 24th. All are invited to discuss *Living Buddha, Living Christ* by Thich Nhat Hanh while enjoying a potluck breakfast. Nhat Hanh, an important influence in Western Buddhism, teaches mindfulness practices based on Buddha and Christ.

LYNNHURST BWCA TRIP, 2011

The long Lynnhurst tradition of trips to the BWCA continued this year with a trip into the Lake One area from August 6th through the 9th. Highlights included a couple of great campsites on Lake Hudson and Lake Insula, quietly watching while beavers swam within ten feet of the canoe, and keeping an eye on a mother canvasback duck with her brood of six young ones who was in the range of a watchful eagle sitting at the top of a nearby tree, looking for breakfast. No BWCA trip could be complete without some hard work to balance out the easy times. Someone didn't want us to leave, this time. No matter what direction we were going on the way out, we were headed directly into a pretty strong wind. We made it out with no problems, but we had to work for it the entire way out. Thanks to Doug Meisner for making all the arrangements. (From Leon Erstad)

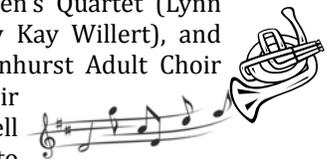


PHOTO TAKEN ON THE 2007 BWCA CANOE TRIP

THANK YOU TO OUR SUMMERTIME MUSICIANS



Our profoundly deep talent pool was plumbed again this summer as we had several guest performers provide special music for our summer Sunday services, in conjunction with Jay Bruns, during the choir's annual hiatus. The Music and Arts Board wishes to thank our wonderful volunteers for lending their instrumental and/or vocal skills to enhancing worship at Lynnhurst during the last three months: Steve Wold, Bill Cutler, Cara Meyer, Mike Picard, Joy Murphy, Susan Rose, The Lynnhurst Men of Note (Lance Brockman, Bob Dixon, John Goodrich, Dean Kloker, Clark Meyer, Paul Olson, Grant Peterson, Jon Sutton, Jay Bruns, David Lindsey, Debi March, Mary Kay Willert, Bob Dixon, Chris Anderson, The Lynnhurst Women's Quartet (Lynn Dixon, Debi March, Debbi Christensen, Mary Kay Willert), and special thanks to Peggy Swalm and the Lynnhurst Adult Choir members (and others) who shared their musical gifts at the Lake Harriet Bandshell service on August 21st. Our joyful gratitude to all concerned, and we continue to encourage everyone with any musical inclinations or aspirations at all to consider volunteering to perform next summer. Thanks for the melodious memories!



FLU VACCINE CLINIC SCHEDULED FOR EARLY OCTOBER

TRUST, in partnership with the Minnesota Visiting Nurse Agency, will once again be sponsoring a flu shot clinic at Lynnhurst. Our clinic will be held on **Sunday, October 2nd**, from 11:15 a.m. to 12:15 p.m. Vaccine given now will provide protection through the full influenza season. Everyone 6 months of age and older should be vaccinated. In addition to the flu shot, an intranasal form is available for people ages 2-49, and a pneumonia vaccine is available for all adults 65 years of age and older and for anyone ages 2-64 who have a lowered resistance to infection. Bring your insurance cards (for Medicare, bring your Part B card), picture IDs and remember to wear short sleeves.

The following groups are especially important to receive vaccinations:

- * pregnant women
- * children younger than 2
- * adults 65 and older
- * people of any age with chronic medical conditions
- * people who live in a care facility
- * people who live with or care for people with high risk for complications from the flu, and those who live with or care for children less than 6 months old.

MVNA does not vaccinate children under age 3, so please contact your child's medical provider. If you have any questions, please contact Nancy Erstad, our Parish Nurse.

LOAVES AND FISHES VOLUNTEERS NEEDED

Loaves and Fishes is a TRUST program that helps to feed the hungry in our community. Whether you are a regular, or have never given this opportunity a try before, please join us Monday, September 26th at St. Stephen's Church, 2123 Clinton Ave. S. Meals are served in the school building across the street from the church. Please use the sign-up sheet in the lounge and join us at 5:15 p.m. If you need a ride or have any questions, please contact Herb Crowell.



KEEP THINKING THREE

Think Three Sunday is a monthly opportunity to donate to the local food shelf. Given these economic times, the food shelf needs your help now more than ever. On the third Sunday of every month we ask people to bring in three food items or a cash donation to help those in need. Of course you're not limited to three food items; it just becomes an easy way of remembering. So Think Three on September 18th!



NEIGHBORS IN NEED OFFERING

The Neighbors in Need offering, which we will receive on October 2nd, supports the UCC's ministries of justice and compassion throughout the United States. Two-thirds of the offering is used by the UCC's Justice and Witness Ministries to fund a wide array of local and national justice initiatives, advocacy efforts and direct service projects. Through UCCTakeAction.org, our national Justice and Witness Ministries office offers resources, news updates and action alerts on a broad spectrum of justice issues. Working with members of the UCC Justice and Peace Action Network (a network of thousands of UCC justice and peace advocates), Justice and Witness continues its strong policy advocacy work on issues such as the federal budget, voting rights, immigration, healthcare, hate crimes, civil liberties and environmental justice. Neighbors in Need also supports our American Indian neighbors in the UCC. One-third of the offering supports the UCC's Council for American Indian Ministries (CAIM). Historically, forebears of the UCC established churches and worked with Lakota, Dakota, Nakota, Mandan, Hidatsa, Arickara, and Hocak in North and South Dakota, Wisconsin and northern Nebraska. Today there are 20 UCC congregations on reservations and one urban, multi-tribal UCC congregation in Minneapolis, Minnesota. These churches and their pastors are supported by CAIM. CAIM is also an invaluable resource for more than 1,000 individuals from dozens of other tribes and nations who are members of other UCC congregations in the U. S.

THE MUSIC AND ARTS BOARD PRESENTS ARTIST PAUL DAMON

The Lynnhurst Music and Arts Board is pleased to present an exhibit of paintings by landscape artist Paul Damon of St. Paul. Using oil and watercolor, Paul specializes in painting the Midwestern landscape. He tries to bring to his paintings the understanding that landscapes are the result of human intervention and the creation of places meant for human activities. He is heavily influenced by the Scandinavian and Russian landscape painters of the late nineteenth and early twentieth century, who fathered the way that human-derived landscapes are represented in paintings, often portraying human endeavors immersed in natural beauty with narratives of isolation and stoic survival. Paul paints realistically because he believes that art should be accessible. The world contains a visual vocabulary of physical forms that are meaningful precisely because they are part of our shared human experience. He wants his work to be appreciated for its appeal to the senses and the intellect, not one or the other. The exhibit will be on display in the Fellowship Hall Art Gallery from August 6 through September 30, 2011.



THE ROLE OF CHRISTIANITY IN HEALING EATING DISORDERS

How do you know if someone is struggling? What can you do to help? Parish ministers, youth leaders, parents, health and care ministers are invited to join us to learn more about your role in the quest to heal eating disorders. Park Nicollet Melrose Institute, 3525 Monterey Drive, St. Louis Park, MN 55416, 952-993-6200. Friday, September 16, 2011, 1:30-4:30 p.m. – RSVP at schalc@parknicollet.com or 952-993-6555. Refreshments will be served. (For additional information, call the Lynnhurst church office.)

HOSPICE VOLUNTEERS WANTED

Methodist Hospital Hospice will be holding training sessions this October for those who are interested in hospice volunteering. Volunteers give respite care to caregivers who are caring for terminally ill loved ones in their own private homes. The support and kindness that hospice volunteers give to our families and patients is invaluable in allowing people to remain at home and die at home if that is their wish. It is not a calling for everyone. However, those who can and do choose to do this type of volunteer work find it to be some of the most rewarding time they have spent with others. Commitment is a maximum of four hours per week and training is four sessions. If you are interested, please call Libby Swanson at 952-993-5381.



GIVE THE GIFT OF INDEPENDENCE!

You can help Meals on Wheels by volunteering to deliver meals in your neighborhood once a week or once a month. It only takes about an hour to bring a hot meal and a warm greeting to homebound individuals who currently cannot prepare meals on their own. Please consider donation your lunch hour and give the gift of independence. Contact TRUST Meals on Wheels at 612-822-6040. In the summer, when our regular drivers take vacation time, we need additional volunteers



MISSION 1

Lynnhurst will join in launching the **UCC's Mission 1** November 1, 2011 through November 11, 2011 (11.1.11 – 11.11.11): One united church on a shared mission for 11 powerful days to feed the hungry and confront food-related injustice.



LYNNHURST FALL FESTIVAL

Mark your calendars for the Fall Festival on Saturday, November 12th. Reserve the date; there's fun for everyone, and you won't want to miss it!

FLOWERS ON THE COMMUNION TABLE

Please sign up to sponsor flowers on Sundays for your special occasions and remembrances. The sign-up sheet is posted outside the church office. Flowers cost \$33.00 and are yours to take home after the service. 

PRAYER LIST

 The Diaconate would like to remember those who may be hospitalized, recovering from surgery, have a relative or friend in the military or other circumstance, by creating a prayer list as part of our weekly bulletin. Please contact Jo in the church office by Thursday morning to have your information in the following Sunday bulletin or weekly e-news.

COFFEE HOUR

Coffee Hour Hosts: Thank you to all who signed up to sponsor coffee hour this summer; your generosity is greatly appreciated. Coffee hour is a special time on Sundays for Lynnhurst folks to get caught up with one another over satisfying treats and beverages. Proceeds on the 2nd and 3rd Sundays of each month are given to Loaves & Fishes and Sabathani, so consider this another opportunity to donate your time to these valuable causes!



SERMONS

If you are interested in listening to the sermon and some of the special music from a Sunday service, go to the church web site, www.Lynnhurstucc.org and click on "Sermons". The web site plays the sermons using Adobe's Flash Player which makes it possible for you to listen to the sermon on your computer, but does not enable downloading the sermon to an I-pod or mp3 player. However, if you have a smart phone or a tablet, you can download the Flash Player and this will enable you to listen to the sermons and the music on your phone or tablet. 

LYNNHURST USHERS

When a visitor comes to our Church, the ushers are often the first people that the visitor meets. They give that very critical, welcoming first impression. There is hardly a more important role to be played. If you would be interested in participating as an usher, please add your name to the sign-up sheet in the lounge.



KEEPING IN TOUCH WITH PEW POSTCARDS

Pew postcards are available in the pews. The postcard offers an opportunity for congregation members to keep in touch with one another, especially with someone who has been absent from Church due to illness or other circumstance. Feel free to write a note to a Lynnhurst member or friend and place it in the offering plate or drop it off at the Church office. The postcard will be addressed and stamped and mailed from the office. Please take advantage of this wonderful way to “keep in touch”.



NOTES FROM THE OFFICE

LYNNHURST WEEKLY NEWS is sent out every Thursday. Information to be included is due by 9:00 a.m. Tuesday.

The **SUNDAY BULLETIN** is printed Thursday afternoon. Information for the bulletin insert is due in the church office by 9:00 a.m. Tuesday. Prayer requests can be included until 11:00 a.m. on Thursday.

OCTOBER NEWSLETTER information is due in the church office no later than Tuesday, September 20th.



HAPPY BIRTHDAY GREETINGS!

Happy Birthday greetings to the following Lynnhurst members and friends who are celebrating their birthdays in September:

September:

- 2 - Laura Good
- 2 - Michael Lockridge
- 5 - Greg Huibregtse
- 7 - Brad Olson
- 7 - Carolyn Parsons
- 9 - Nancy Erstad
- 9 - Carly Goodrich
- 9 - Samuel Lucas
- 11 - Alice Hermanson
- 11 - John Slothower
- 16 - Olivia Brimacomb
- 17 - Andrew Larson
- 18 - Andrew Makredes
- 18 - Sophie Peterson
- 23 - Stephen Christensen
- 23 - William Picard
- 23 - Barbara Scotford
- 24 - Corynn Nord
- 27 - Beth Picard
- 29 - Cecilia Jancourt



Please call the church office at 612-827-6157 or e-mail church.office@lynnhurstucc.org with any missed birthdays.



September 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 <i>August</i>	29 <i>August</i>	30 <i>August</i>	31 <i>August</i>	1	2	3
4 10am-Worship	5 <i>LABOR DAY</i>	6 9:30am-Bible Study	7 7:30pm-Adult Choir new members	8 7pm-Book Club (Erstad's)	9	10
11 - 9/11 + 10 YEARS - 10am-Worship <i>Coffee Offering-Loaves & Fishes</i>	12	13 9:30am-Bible Study	14 7:30pm-Adult Choir	15	16	17
18 - RALLY DAY - 10am-Worship & Church School 11:15am-Ice Cream Social 11:15am- Diaconate Mission Board <i>THINK THREE</i> <i>Coffee Offering-Sabathani</i> 12:30 D.C. Trip Stock Lunch	19	20 9:30am-Bible Study <i>Newsletter Articles Due</i>	21 7:30pm-Adult Choir	22	23	24 8am-Faith Exploration
25 10am-Worship & Church School	26 <i>5:15pm-Loaves & Fishes</i>	27 9:30am-Bible Study 7pm-Outreach Committee	28 7:30pm-Adult Choir	29	30	1 <i>October</i>