

The Lynnhurst Voice

June 2016

Monthly Newsletter Vol. 50, No. VI

FROM OUR SENIOR PASTOR...

Dear Lynnhurst UCC Members and Friends,

“When you are done, come walk with me brother.” Wisdom shared by Anthony of Sons of Levi at our Gospel Hymn Sing this past Sunday evening. What a glorious evening of song, story and connection! Such a seemingly simple statement – “when you are done, come walk with me brother” – yet multi-layered. When you, when we, are done with all the divisive rhetoric, uncivil discourse rampant in our society (some we perpetuate, some we encounter daily) come walk with me brother and sister. Come and walk in my shoes and experience my reality. Come and work with me in creating God’s Kin-dom here on earth. So incredibly life-giving and challenging.



The timing of his wisdom also caught my attention. He didn’t declare this at the beginning of our worship and song; rather he waited, until we were steeped in praise and experience of Jesus’ love for each of us. It reminds me of the early days of the Civil Rights movement. Eager activists travelled to join Rev. Dr. Martin Luther King Jr. in what they thought would be non-violent resistance. And what they found was they first worshipped together. When they voiced their frustration, lack of patience with desiring to be out in the public square now, Dr. King gently remind them the necessity of grounding themselves in Christ’s strength and courage, that their activism comes from their connection to their Creator.



As our evening progressed, I wondered if we’d have an ‘altar call’ to claim once again I am/we are the Creator’s beloved children. I know that language – ‘altar call’ might make some nervous, unearthing latent discomfort with those “other Christians.” Yet I experienced a hunger to profess again, I am a follower of Jesus. It’s an ongoing, daily process of choosing Jesus, in the face of all the other gods/lords seducing and enticing me to follow them. How do we progressive flavored Christians mark the decision to follow Jesus/God/Spirit? Well, what do you think?

This question stems from conversations with CE Ministry Team, parents and youth as we prepare for Confirmation this Fall.

I’ll let the question linger for our ongoing conversation as we move into summer and summer worship. I’m excited to live this season with all of you, with our children in worship and spending time in the Hebrew Bible with our spiritual ancestors. As we prepare to spend time with our relatives what might we glean from our ancestors about walking with one another in healthy, joy-filled ways.

When you are done, come and walk with me.

If you missed worship this past Sunday you are invited to watch the sermon, [here](#). Share it with your family and friends and invite them to worship too!

May God’s grace and joy be yours in abundance,
Pastor Cynthia

SUNDAY! OPPORTUNITY TO GIVE INPUT TO LYNNHURST'S THREE PRIORITIES, May 29



We Want Your Opinion

If you were at the April Stewardship potluck, you were part of the group that shared their thoughts on how our Lynnhurst community could go about living out our commitment to our three priorities:

- 1) Expand and deepen our extravagant welcome;
- 2) Grow in our spiritual journey/faith formation; and

3) Strengthen our commitment, action and effectiveness in mission, service, outreach and social justice. These priorities were developed by the Church Leadership Council based on our Conversations for the Future, held in 2015.

While the suggestions that we received are a wonderful starting point, we realize that some of you weren't able to attend and supply your thoughts. At the May 29 coffee hour, after you stop by the volunteer sign-up table, you'll have a chance to add your ideas to our wonderful list of suggestions. There will be one easel per priority – you'll just need to write down your thoughts.

If you're interested in reviewing the thoughts that came out of the April discussion, they are attached to this email. We welcome and encourage your input!

PARISH NURSE RETIREMENT LETTER TO CONGREGATION

Dear members of Lynnhurst Congregational UCC,



This is my last Parish Nurse Corner article. I will retire from being your parish nurse at the end of this church year. I began as a TRUST parish nurse in 2008, and in 2009 began as Lynnhurst's Parish Nurse while continuing to support the TRUST parish nurse program. My role has been health counselor, advocate, educator, friend, and all part of church outreach to help meet both individual and congregational needs in this ministry. You have let me into your homes, hospital rooms, rehab, and chatted at the back of the sanctuary or wherever you were. It has been a privilege. Thank you.

The Parish Nurse Advisory Board was developed to support this ministry to the wider congregation. Along the way we have had programs addressing specific issues such as No Fear CPR, advance directives, parenting, exercise and getting active, Heritage Sunday, compassionate communication, creative coping with chronic conditions, supporting chronic conditions, flu vaccine clinics, blood pressure clinics, and more. We developed the Lynnhurst Prayer Shawl Ministry, now including baptismal blankets, by the Prayer Shawl Makers. Thank you to each of you who have contributed to this ministry for our church. Thank you to each person who served so willingly on the Advisory Board to create a solid foundation for all this to occur.

In God's gracious love,
Nancy Erstad, RN, MA, FCN
Your Parish Nurse

June Birthdays

5 Andrew Erstad

7 Maura Barbour

7 Cheryl Brockman

12 Steve Wold

5 Andrew Erstad

7 Maura Barbour

14 Crosby Reisch

14 Maren Peterson

15 Eric Erstad

16 Paul Olson

14 Crosby Reisch

14 Maren Peterson

19 Becky Kruse

21 Lori Nicol

28 Bill Cutler

30 Emerson Riggan

19 Becky Kruse

Stepping into Stewardship



Thank you for the amazing opportunity to attend and participate in the national “Stepping into Stewardship” gathering. I hope to attend in the future, as well. As I was a delegate for the MN UCC Conference at the gathering, one of my tasks was to write an article for the monthly Conference newsletter. I share this with all of you. I was stunned by my disbelief. “This can’t be true,” I thought to myself, reaching for my phone, searching for the calculator app. I’d spent the

last two days marinating in all things Stewardship at the National UCC/DOC “Stepping into Stewardship” gathering:

- Focusing on the top three reasons why people give to non-profit organizations, including churches: 1) a belief in the mission (money follows mission), 2) regard for staff leadership, and 3) fiscal stability of the institution.
- Being challenged by the necessity of Pastor being a fund raiser – Pastor knowing who gives what amount in order to faithfully walk with folks on their spiritual journey; becoming more like Christ; growing in their connection with God.
- Resonating with stewardship as a spiritual practice; my giving is my response to a living, loving God.

And there I sat in the last workshop of the day, “More Than Enough” hoping it was true.

We began the workshop answering this simple question: Gross Household Income. On the half sheet of paper was a blank line for our answer and below this, the numbers 1%, 5% and 10% with blank lines after each number. I dutifully filled in my Gross Household Income and pulled out my phone with calculator app to answer the percentage questions. Our leader collected the papers and we launched into our workshop. As we wrapped up our session, we came full circle to learn with 21 participants in the room, the total gross household income was 3.23 million dollars. Nervous laughter followed, with the comments, some spouses must be making up for clergy salaries. Again nervous laughter. Our leader repeated 3.23 million dollars. It was the total if we gave 10% that left me stunned and reaching for my calculator. \$323,000. Can that really be true? Yet I allowed myself the grace and freedom to try on the possibility that it is true, that there is More Than Enough. And if it is true, that there is More Than Enough, in that room, might that also be true in the congregation I serve?

May God’s grace and joy be yours in abundance, Pastor Cynthia

Prayer Requests

- **Prayers for Carolyn Parsons** at the loss of her friend Betty Cope earlier this week. Prayers of healing and comfort for the Cope family.
- **Prayers for Julie Ristau’s mother and mother-in-law** for healing and recovery. Prayers for wisdom, patience and strength for Julie and Jay.
- **Prayers for Neil Friedman**, a good friend of the Nicol’s and Godfather to Lindsey Nicol, who recently suffered a stroke. Prayers of healing and support to Neil, Jane and their kids.
- **Prayers for Tristen Lindemann** for recovering and healing from an outdoor injury.
- **Ruth Fothergill** is happy to announce that she is at home after receiving a new Right Knee by modern, medical magic on May 2. All is well. Prayers for a healthy recovery are welcome.
- **Prayers for Louie Hillman and Family** at the unexpected death of his father, Ernie. Prayers for Louie’s mother Pat Hillman.
- **Thank you for your thoughts and prayers** for our new grandson Sebastian and his family. Our daughter-in-law Beth is on the mend for just a little while yet. Sebastian is doing just great. And all of us are delighting in being baby and parents and grandparents. Thank you. Lynn and Bob Dixon

Coming Up

Men's Breakfast (7a)	Mondays weekly
Bible Study (9:30 a)	Tuesdays Weekly
Women's Breakfast (7a)	Thursdays Weekly
Youth Sunday (10a)	June 5
Book Club	June 9
Spiritual Circle (9a)	June 10, 24
Adult Ed. Immigrant Sanctuary Movement*	June 12
Faith Exploration (8:30a)	June 18
Annual Meeting, Celebration ONA*	June 26

Committee Meetings:

Church Leadership Council (7p)	June 6
Trustees (11:30a)*	June 12
M & A Committee Meeting (7:30p)	June 14
Missions (11:30a)*	June 19
Christian Ed (11:30a)*	June 19
Diaconate (11:30a)*	June 19

*After Worship



THINK 3
June 19th!

COMING UP AT LYNNHURST

TODAY! The Ecclesiastical Council for Nathan Roberts

Please join us today, Thursday May 26, 2016, Noon - 2 pm at Lynnhurst UCC. Lunch will be served noon - 12:30 and will be followed by a presentation by me and vote to (hopefully!) approve me for ordination 12:30- 2 pm. Blessings and Thank you!

Nathan Roberts

WORSHIP

Starting This Sunday! - Summer Music and Arts Series, Sundays, May 29 – September 4



It's nearly time to begin planning for the 2016 Summer Music and Arts Series! Lynnhurst is blessed many times over with a wealth of talented musicians, dancers, actors and artists and is deeply grateful to all who have so generously shared those talents with us on an on-going basis! Each Sunday throughout the summer months, the Music and Arts Board warmly invites members and friends to share their talents during the morning worship service. If are interested in playing an instrument, singing a solo, a duet, a trio or more, reading a poem, planning a sacred dance, exhibiting art work or exploring the arts, please look

for a sign- up sheet on the Fellowship Hall board. September 4, Labor If you already know what you may like to present – terrific! If you would like some help, please feel free to contact me for suggestions and help in scheduling your amazing talents! Thanks! Jay Bruns

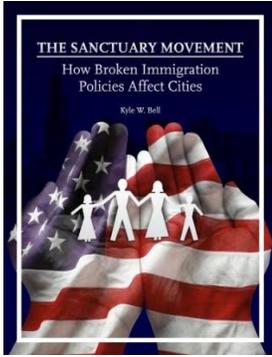
Youth Sunday, June 5 Youth leading worship. Sunday School Teacher appreciation and Choir last Sunday for the Season.

Summer Worship Hymn Sing During worship this summer we will be singing your favorite hymns from both hymnals. Please email pastor Cynthia at pastorcynthia@lynnhurstucc.org to let her know which ones you want to sing.



ADULT EDUCATION

Adult Education: Immigrant Sanctuary Movement, June 12 following church, sponsored by the Mission Board



In 2014, Central American children and families began arriving at the southwestern border of the United States in large numbers. Although they are trying to escape some of the worst violence in the world outside of active conflict zones, upon arrival in the U.S., they have been subjected to detention, expedited court hearings, and deportation. On June 12, Julia Decker, Teaching Fellow in the University of Minnesota Law School's immigration clinics, will provide an overview of the historical and contemporary factors driving people to flee Central America. She will also provide a discussion of the difficulties facing these families and children once they arrive in the United States, and offer some suggestions for ways faith communities can engage and advocate on these issues.

ANNUAL MEETING

June 26 – Come celebrate our 20-year anniversary of being an Open and Affirming congregation! Share our extravagant welcome. **Annual Meeting after worship.**

FAITH EXPLORATION

Faith Exploration will meet on **Saturday morning, June 18, at 8:30 a.m.** in the Fellowship Hall. Everyone is welcome. For questions please contact Jon Sutton at 612-925-0531 or jwsuttons@gmail.com.

NEWS AT LYNNHURST

Graduation



Malone DeYoung is graduating from Washburn High School on June 2. She is an International Baccalaureate diploma candidate and has served as captain of the volleyball and badminton teams, as a member of the Student Council Executive Board, Math Team, and National Honor Society, and as a counselor at YMCA Camp Warren. Malone will attend Colorado College in Colorado Springs in the fall.

Please join Malone and her family as they celebrate her graduation with an open house on Sunday, June 5, from 5 p.m. to 8 p.m. at the home of her friend Paige Hepenstal at 4156 Harriet Ave. S.

Cara Meyer is graduating from Robbinsdale Cooper High School with high honors on June 10. Cara is an International Baccalaureate Diploma candidate, and over the years has been involved in a variety of extra-curricular and performing arts groups. Her favorites, however, are Orchestra, where she is involved in the school's symphony orchestra and an additional chamber strings group, and Nordic Skiing, of which she served as captain twice. Cara will be leaving near the end of June to participate in the Congress- Bundestag program to Germany for a gap year. She will be starting college at Carleton College in Northfield in the fall of 2017.

Please join Cara and her family as they celebrate her graduation with an open house on Saturday, June 11 from 1 – 5 p.m. at Cara's home – 4947 Culver Rd. in Golden Valley.

Thank You from the Mission Board



Every day around the world 20,000 children die from preventable diseases due to malnutrition. In Nicaragua, currently one of the countries most in need, 44% of hungry children do not finish primary school. Feed My Starving Children, a non-profit Christian organization started in 1987 by a Minnesota man, provides specially formulated meals to malnourished children around the world. Seventy countries have been recipients over the years. By working with distribution partners, these meals have reached their intended destinations 99% of the time. On Saturday, May 14th, the following people volunteered their time at a Feed My Starving Children event: Mary Ainsworth, John and Sharon Eian, Dick Musser, Helen Note (a friend of Mary's), Todd Ogawa, Dave Ouzts, and Carolyn Parsons. Thank you all so very much.

A Big Thank You to Debbi and Dan Christensen for the beautiful Oriental rug and brand new pad, which now graces the Fireside Room. It is a very thoughtful and generous gift and it enhances the comfort and ambiance of the room. Be sure to check it out.



Additional thanks go to Clyde March and Paul Olson for transporting and installing the new Oriental rug in the Fireside. Couldn't have done it without you!

There is an antique, oak, Mission rocking chair in the Fireside Room and the original seat is gone. Presently, there are a couple of makeshift cushions on it. If anyone has a cushion or two that would work on the chair and look well with the new rug, please let Mary Kay Willert know at willols74@gmail.com or 612-920-9901. Thank you

LYNNHURST YOUTH NEWS

MN Q YOUTH
ADVOCACY • EDUCATION • LEADERSHIP • SOCIAL OPPORTUNITY

 **The Family Partnership**
Counseling Education Advocacy

Bring you:

FIRST SATURDAYS

Dancing, music, arts,
games, organizing,
planning, food & fun!

AGES 11-18

**LGBTQA Youth
Community &
Social Gathering**

WHERE?

The SpringHouse Center
610 West 28th Street
Minneapolis, MN

The 1st Saturday of the Month From
6:00 - 9:00 PM
June 4th

First Saturdays are held in partnership with:



For more information please contact:

Leigh Combs
lcombs@thefamilypartnership.org
www.mnqyouth.org
612.728.2079

T.R.U.S.T. NEWS

11th Annual Walk and Run Benefiting TRUST Parish Nursing and Walker Methodist
Saturday, June 4th 2016

Lake Harriet at the Band Shell

8:00 am Registration Starts

9:00 am 10K starts

9:05 am 5K starts

Walk starts immediately after

Registration fees: Walk - \$30; 5K - \$35; 10K - \$30, Children (12 and under) \$20

All registrants will receive a t-shirt, water and refreshments

Register on line at www.active.com or email foundation@walkermethodist.com, AND pick up a sponsorship form at a TRUST church or TRUST website (trustinc.org) to gather sponsors on behalf of TRUST parish nursing. All sponsor money goes directly to our parish nursing program. Bring it and the money on the day of the race. If you would like to just sponsor Doug Mead as he run/walks/limps around the lake, please contact him at mead1917@msn.com or catch him on Sunday. Thanks!

DAYLIGHT NEWS



Daylight Partners,

Co-Founders Nathan Roberts and Michael Kimpur have been invited to give a TED talk! And we are so proud of them. They will be speaking at TEDx RapidCity June 22 in Rapid City, SD on the power of cross cultural friendship to change the world! We are so excited to join their ranks! Thank you for being a part of this incredible story. YOU have made this possible!

Their TED talk will be available this summer but if you have yet to hear their story you can listen to their interview on [This Is Radio Cast](#) or get a copy of their book [Poor Millionaires](#).

TED^xRapidCity
x = independently organized TED event

2016 Speakers

ATTEND
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Nathan Roberts and Michael Kimpur

Nathan Roberts is the co-founder and US Director of Daylight Center and School in Kenya, which offers education to children affected by tribal violence and poverty (daylightcenter.org). He is an editor and author at The Salt Collective featuring diverse writers on social justice, gender, race, and religion (thesaltcollective.org). He serves as a minister in Minnesota and his new book was co-authored with former World Vision Sponsor Child and Daylight Co-Director Michael Kimpur: POOR MILLIONAIRES: The Village Boy who Walked to the Western World and the American Boy Who Followed Him Home. You can read excerpts and watch videos at poormillionaires.org. Follow Nathan on Twitter @nathaniroberts



PILGRIM POINT
camps & retreats,

Taizé **Meditation Retreat**

Join with others from across the Minnesota Conference UCC in a time of contemplative prayer where you can **experience God and recharge your spiritual batteries**. Each day we will share in three services of reflective music and chants, readings, and silence - we will transcend ordinary words in a spirit of prayer. All participants will help with a short work shift each day around meals and hospitality, in the tradition of the [Taizé Community](#), for this temporary community.

Study and discussion sessions each afternoon will provide a chance to share your experiences or you may choose to spend the time in silence among the natural beauty at Pilgrim Point. **Come be renewed.**

[Sign Up Now for May 18-20, 2016](#)

2-night retreat | Cost: \$100

[Sign Up Now for July 5-8, 2016](#)

3-night retreat | Cost: \$150

When: 2-night retreat on May 18-20 | 3-night retreat on July 5-8, 2016

Where: Pilgrim Point Camp, Alexandria, MN ([directions](#))

Who: Open to all (youth must be accompanied by an adult leader or parent; be aware participants will need to be quiet for 60 minute sessions)

Flyer: [Download & share the half-page flyer](#)

Deadline to Register: Registration closes one week before each retreat.

Questions? Email Pilgrim Point Registrar, Zac Norenberg, at zacn@uccmn.org or call the Conference office at (612) 871-0359.

GETTING INVOLVED AT LYNNHURST UCC

There are many ways to get involved at Lynnhurst and it is a great way to get to know people here, as well as help the ministry of our church. You are invited to:

- **Ushers** – Sign up on Lounge Bulletin Board or on the **Lynnhurst Members site** under Member Resources / Church Sign-Up/Ushers & Greeters.
- **Coffee Hosts** – Sign up on Lounge Bulletin Board or on the **Lynnhurst Members site** under Member Resources/Church Sign-Up/Ushers & Greeters.
- **Liturgists** – Sign up on Lounge Bulletin Board or on the **Lynnhurst Members site** under Member Resources/Church Sign-Up/Liturgist
- **Choir** – Join us! Please contact Peggy Swalm pdswalm@aol.com or 612-824-0600)
- **Sunday School Teachers** – Sunday school teachers are still needed for all grades/age levels. If you have ever thought you might like to take a turn teaching, please know that you do not have to commit to every Sunday or a long period of time. You can sign up to be a teacher for a month, a quarter, or the remainder of the year. We also need substitute teachers who would be available on an on-call basis. Please speak with Amber Nord for more information. Talk to Amber Nord (612-501-0946 or dactnord@hotmail.com)
- **Christian Education** – Contact Amber Nord (612-501-0946 or dactnord@hotmail.com)
- **Diaconate** – Contact Debi March (612-247-1087 or debi.march008@gmail.com)

TIDBITS

LIKE US ON FACEBOOK



Check out our Facebook page, make sure to like” and “follow” Lynnhurst Congregational UCC Church page. Feel free to post on the page; leave comments and observations, photos of church or community events, family, pet, inspiring videos or songs, opportunities for volunteerism or service, pose a question, share a joy, say thank you, ask for prayers. Also, consider inviting FB friends to like the Lynnhurst UCC page; there is usually a sidebar on the left side of your page with suggestions. *Please Spread the Word* ~ Check in on Facebook Sunday mornings to share your excitement that you are part of the Lynnhurst community.

FLOWERS ON THE COMMUNION TABLE



Sign up to dedicate Sunday flowers to honor a special person or occasion or in memory of a loved one. The calendar is just outside the church office and waits for your special date. Arrangements are \$54.00 and are yours to take home after the service. (They can also provide a vase style arrangement for \$41.00.) Feel free to supply your own store bought or during the summer, we welcome a lovely arrangements of flowers from your garden. Please sign up on the calendar outside the church office, or go to the **Lynnhurst Members site** under Member Resources/Church Sign-Up/Flower Sign-up.

PRAYER LIST



The Diaconate would like to remember those who may be hospitalized, recovering from surgery, have a relative or friend in the military or other circumstance, by creating a prayer list as part of our weekly bulletin. Please contact the church office by Thursday morning to have your information in the following Sunday bulletin or weekly e-news.

KEEPING IN TOUCH WITH PEW POSTCARDS



Postcards, in the pews, offer an opportunity for congregation members to keep in touch with one another, feel free to write a note to a Lynnhurst member or friend and place it in the offering plate or drop it off at the Church office. Your postcard will be addressed, stamped and mailed from the office. Please take advantage of this wonderful way to “keep in touch,” using Mary Kay Willert’s beautiful photographs.

SERMONS



If you missed worship this past Sunday you are invited to watch the sermon, [click here](#), or go to the church website www.lynnhurstucc.org and click on [Photos & Sermons](#) The web site plays the sermons using Adobe's Flash Player, which makes it possible for you to listen to the sermon on your computer.

LYNNHURST DIRECTORY
Sunday Worship 10:00 a.m.

Sunday Church School Activities 10:00 a.m.

Senior Minister Rev. Cynthia Riggan
pastorcynthia@lynnhurstucc.org

Associate Minister Rev. John Slothower
Faith Formation Director TBD

Choir Director Peggy Swalm

Organist Jay Bruns

Building Mgr. & Cleaning Specialist Eben Pieterse

Parish Nurse Nancy Erstad

Office Manager/Editor Stacey Gassman
Church Office (612) 827-6157

Church Website www.lynnhurstucc.org

Church E-mail church.office@lynnhurstucc.org

Lynnhurst Congregational United Church of Christ
4501 Colfax Avenue South
Minneapolis, MN 55419

NOTES FROM THE OFFICE

Publications:

Lynnhurst Weekly eNews

The weekly eNews is sent at 1pm each Thursday. Information to be included is due by **2:00 p.m. on Wednesday.**

Sunday Bulletin

Bulletins are printed Thursday afternoon. Information for the bulletin insert is due in the church office by **2:00 p.m. on Wednesday.**

The Lynnhurst Voice (the monthly newsletter) information is due in the church office by end of day on Thursday, June 22. ****Please note items submitted after this date will not be included****

Office Hours:

Minister's Office Hours: Pastor Cynthia workweek is Sunday – Thursday. Her office hours are Monday by appointment, Tuesday 9 am to 3:30pm, Thursday, Noon to 4pm. Due to meetings, sermon and worship study, creation and preparation it is best to make an appointment. Pastor Cynthia email is pastorcynthia@lynnhurstucc.org and 612.827.6157. For pastoral emergencies during non-office hours, please call her cell at 425.273.4952. Her days off are Friday and Saturday.

Church Office Hours: Tuesday - Thursday from 9:00 a.m. to 2:30 p.m. and Friday from 9:00 a.m. to 12:30 p.m.